About Our Medical Services

We offer a full spectrum of neurological care for adults, including consultation, diagnostic testing and evaluation (EEG, EMG, and aEEG), treatment through prescription medication, and follow-up visit. The ability to provide a comprehensive set of services allows us to be highly responsive to patient needs.

In addition, we have incorporated acupuncture into our practice. We view this healing modality as a much-needed complement to our conventional medical care. We are proud to be among the very few clinics in the nation offering an integrated solution to patient care, and are encouraged by our promising clinical results.

Offices in Two Great Locations

**Burien office**
16122 8th Ave SW, Suite D4
Burien, WA 98166
Office Hours: 8 am - 12 noon, 1 pm - 5 pm

**Bellevue Office**
1750 112th Ave NE, Suite B216 in Lobby 1
Bellevue, WA 98004
Office Hours: TBD

Phone: 206-243-2187
Fax: 206-246-1583
Website: www.joyshaomd.com
Neurology Services

Dr. Joy Zhao is a board certified neurologist and has been practicing in the Puget Sound area for thirteen years.

She is experienced in treating a wide range of neurological conditions, and commonly provides consultation as well as follow-up care for patients suffering from stroke, dementia, multiple sclerosis (MS), Parkinson’s disease, neuropathy, concussion, seizure, migraine, cognitive impairment, labyrinthitis, nerve related injuries, neck pain, lower back pain, etc.

Besides general neurology, Dr. Zhao is also a subspecialist in neurophysiology, which allows her to perform and analyze a number of neurological procedures, such as EEG, EMG, and ambulatory EEG.

Referral from the primary care physician is required prior to office visit. We also need to review the latest medical records, such as medical history and scan reports, before seeing a patient.

Acupuncture Services

To meet some serious and immediate challenges to the conventional methodology of patient care, acupuncture has been incorporated into our regular medical practice.

This ancient procedure has survived the long natural process of selection and elimination, and gained wide acceptance in many parts of the world. Acupuncture works by stimulating natural self-healing response within a patient’s body through needling at specific locations.

We believe acupuncture has the potential to treat a variety of neurological and medical disorders, help maintain overall well-being, and play an important role in preventive care, beyond its regular use for pain control and tension release. Our integrated solution has produced positive clinical results. See testimonials at www.joyzhaomd.com.

Acupuncture treatment is normally preceded by a medical consultation with Dr. Zhao to fully assess the patient’s conditions and develop an optimal treatment plan. Then, our proprietary acupuncture protocols may be applied.

Financial and Insurance

Many plans from major insurance companies are accepted for work on general neurology and clinical neurophysiology. Please check with our office if there is any question.

Acupuncture is only offered as a self-pay service. Patients should work with insurance carriers for possible reimbursement. Note, however, that the initial consultation at the office is normally covered by insurance as a regular doctor’s visit.

Treatment Options for Acupuncture

There are several options for acupuncture treatment, ranging from community acupuncture in a shared environment to the full service with a more individualized setting.

Community acupuncture is billed at $100 per session and up to a 20% discount is possible after multiple treatments. This is our budget program, designed to provide quality service at an affordable price. The rate for full-service is higher and varies depending on providers.

Since acupuncture is a cumulative modality, meaning each treatment builds on the previous one, it is recommended to have more frequent treatment initially and gradually taper off. This is the most efficient way to experience the efficacy of acupuncture.